n>> NROUTE

Eat

Housed in the breathtaking Jennings Barn, Canyon Kitchen offers exquisitely prepared farm-to-table fare that's as beautiful as it is delicious. Relying on ingredients from the community garden and nearby farms, the culinary team's seasonal, fixed-price menus are perfectly complemented by an extensive wine list and handcrafted cocktails with house-made seasonal infusions.

Sleep

A master planned community, the Southern Appalachian farm-style homes are designed and constructed to blend in with their natural surroundings in both aesthetic and size. When fully developed, the community will boast 180 homes on lots available in three designations: Cottages (0.4 to one acre), Estates (one to eight acres) and Camps (20 to 40 acres).

Play

One-third of the property's 800 acres is preserved as green space with 11 miles of scenic hiking trails. The catchand-release Trout Pond is available for fly-fishing, while Long Lake is ideal for swimming, canoeing or paddleboating. Those looking for a thrilling adventure can climb the two granite faces framing the property, Cow Rock Mountain and Laurel Knob (the tallest crag east of the Mississippi).

Relax

The boutique Canyon Spa offers facials, body wraps, detoxifying skin treatments and massages in a soothing, rustic setting. Located in the restored Caretaker's Cottage in the front of the property, the spa utilizes ingredients grown in the on-site garden or gathered from the region for their restorative treatments-the warm river stones are a luxurious addition to any massage.







Lonesome Valley

Cashiers, N.C.

Known as the Yosemite of the East, the land around Cashiers, N.C., is filled with spectacular granite cliffs, lush forests and magnificent waterfalls. Nestled in the heart of this scenic region is Lonesome Valley, a private gated community ideal for those adventure seekers and nature lovers longing for a second home. Originally a trout and mink farm, the 800-acre property has been thoughtfully developed to maintain the natural beauty of the land. With an on-site spa, the seasonally inspired Canyon Kitchen restaurant, an array of opportunities for recreation and sport, 300 acres of preserved green space and custom homes architecturally designed to blend in with the surrounding landscape, Lonesome Valley is a place where nature comes first and serenity is never in short supply. •

BY NANCY FLOYD











299 miles from Nashville